

I enjoy a bowl of homemade granola almost every day. When I learned that January is National Oatmeal Month, I decided to write about oatmeal. An online search, taught me the word doesn't always apply to cereal!

Irene Lockett



Email a free Ecard to celebrate National Oatmeal Month-link below!

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Where is the town of Oatmeal?

The town of Oatmeal is in Texas on Farm Road 243, about fifty-six miles northwest of Austin. Its estimated population in 2002 was twenty! The first settlers were German families who came to the area in 1849. A post office was granted under the name of Oatmeal in 1853.

The town is known for its water tower, which looks like a huge box of oatmeal, and their annual Oatmeal Festival honoring the cereal.

Link with photos below.

Oatmeal Clay Dough

Wearing the hats of mom, school teacher, and school volunteer, I've mixed a lot of play dough and clay over the years, but this was a new recipe for me. I enjoyed whipping up a batch, then molding and painting the "art work" in the photo!



*Oatmeal Dough

- 1 part flour
- 2 parts oatmeal
- 1 part water

Mix ingredients. Add more flour if dough is too sticky. Form into shapes and let them air dry. Pieces can be painted or colored with felt tip markers when dry.

*KinderArt® Recipe: Don't eat it!

A useful tip when oatmeal IS a cereal!

My daughter sent the following tip for keeping your oatmeal hot when you're on the go:

Mom, did I tell you my large Koffee Kozee has been keeping my oatmeal warm on the way to work? I cook it up in a Tupperware container, and then pop it into my Koffee Kozee -- voila! Warm oatmeal for breakfast! I could do it at work, but it's a bit of a pain. I usually chop up strawberries or something into it.

Specials



Selected Koffee Kozees and Kup Kaps – 30 % off!

eBay store – 50% off!

[Specials](#)

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